

|       | Montag                                  | Dienstag                                | Mittwoch                                  | Donnerstag               | Freitag             | Samstag                            | Sonntag |  |  |
|-------|-----------------------------------------|-----------------------------------------|-------------------------------------------|--------------------------|---------------------|------------------------------------|---------|--|--|
| 8:00  |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 8:30  |                                         | 1a<br>8:05-9:35                         | 3b<br>8:05-9:35                           | 2a<br>8:05-9:35          | 3c<br>8:05-9:35     |                                    |         |  |  |
| 9:00  |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 9:30  |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 10:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 10:30 | 4a<br>9:50-11:20                        | 1b<br>9:50-11:20                        |                                           | 2b<br>9:50-11:20         | 3a/b<br>9:50-11:20  |                                    |         |  |  |
| 11:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 11:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 12:00 | 3b<br>11:35-13:05                       | 2a<br>11:35-13:05                       |                                           | 3c<br>11:35-13:05        | 4b<br>11:35-13:05   |                                    |         |  |  |
| 12:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 13:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 13:30 | OGS<br>13:05 -16:00                     | OGS<br>13:05 -16:00                     | Kindergarten<br>13:05-14:30               | OGS<br>13:05 -16:00      | OGS<br>13:05 -15:30 |                                    |         |  |  |
| 14:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 14:30 |                                         |                                         | OGS<br>14:30 -16:00                       |                          |                     |                                    |         |  |  |
| 15:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 15:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 16:00 |                                         |                                         |                                           |                          |                     | OCV: Tanzkids Minis<br>15:45-16:45 |         |  |  |
| 16:30 | DJK: Eltern-Kind-<br>Turnen 16:00-17:00 | DJK: Kinderturnen (4-<br>7) 16:00-17:00 |                                           |                          |                     |                                    |         |  |  |
| 17:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 17:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 18:00 |                                         |                                         | Landfrauen: Rücken-<br>schule 17:30-18:30 |                          |                     |                                    |         |  |  |
| 18:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 19:00 | DJK: Functional                         | DJK: Yoga<br>18:30-19:45                |                                           | DJK: Yoga<br>18:30-19:45 |                     |                                    |         |  |  |
| 19:30 | Fitness 18:15 - 19:15                   |                                         |                                           |                          |                     |                                    |         |  |  |
| 20:00 | DJK: Männergymastik<br>19:30-21:00      |                                         |                                           |                          |                     |                                    |         |  |  |
| 20:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 21:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 21:30 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
| 22:00 |                                         |                                         |                                           |                          |                     |                                    |         |  |  |
|       |                                         |                                         |                                           |                          |                     |                                    |         |  |  |